SOUTHAMPTON OXFORD RETRIEVAL TEAM

## Weight 8 kg

| Emergency |  |  | Neuro |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Adrenaline 1:10,000 | 0.8 ml | $0.1 \mathrm{ml} / \mathrm{kg}$ in cardiac arrest | Lorazepam |  | 0.8 mg | $0.1 \mathrm{mg} / \mathrm{kg}$ |
| Adrenaline Dilute/Light | 0.8 ml | dilute $0.1 \mathrm{ml} / \mathrm{kg}$ of $1: 10,000$ to 10 ml NaCl | Midazolam Buccal |  | 2.5 mg | dose banding |
| Atropine | 160 mcg | $20 \mathrm{mcg} / \mathrm{kg}$ min 100 mcg | Phenytoin |  | 160 mg | $20 \mathrm{mg} / \mathrm{kg}$ <br> over 20 minutes |
| Sodium Bicarbonate 8.4\% | 8 ml | $1 \mathrm{ml} / \mathrm{kg}$ (dilute to 16 ml using NaCl ) | Phenobarbitone |  | 160 mg | $20 \mathrm{mg} / \mathrm{kg}$ over 20 minutes |
| Calcium Gluconate 10\% | 4 ml | $0.5 \mathrm{ml} / \mathrm{kg}$ | Paraldehyde PR |  | 6.4 ml | $0.8 \mathrm{ml} / \mathrm{kg}$ ready mixed |
| Cardiovascular |  |  | 2.7\% or $3 \% \mathrm{NaCl}$ | 24 to | 40 ml | $3-5 \mathrm{ml} / \mathrm{kg}$ |
| Cardioversion (sync) | 8 J | 1J/kg <br> use $2 \mathrm{~J} / \mathrm{kg}$ if fails | Mannitol 10\% |  | 40 ml | $5 \mathrm{ml} / \mathrm{kg}$ eqivalent to $0.5 \mathrm{mg} / \mathrm{k}$ |
| Shockable rhythm (async) | 32 J | 4J/kg |  |  |  |  |
| Adenosine 0.8 to | 4 mg | $100-500 \mathrm{mcg} / \mathrm{kg}$ (see arrythmia guideline) | Anaesthesia |  |  | 1-2mg/kg |
| Amiodarone Load | 40 mg | $5 \mathrm{mg} / \mathrm{kg}$ over 30 minutes or bolus in cardiac arrest | Ketamine | $8 \text { to }$ | $16 \mathrm{mg}$ |  |
| Tranexamic Acid | 120 mg | $15 \mathrm{mg} / \mathrm{kg}$ | Thiopentone | 16 to | 40 mg | 2-5mg/kg |
|  |  |  | Rocuronium |  | 8 mg | $1 \mathrm{mg} / \mathrm{kg}$ |
| Respiratory |  | 40mg/kg over 20 minutes | Vecuronium | 0.8 mg |  | $0.1 \mathrm{mg} / \mathrm{kg}$ |
| Magnesium Sulphate | 320 mg |  | Pancuronium |  | 0.8 mg | $0.1 \mathrm{mg} / \mathrm{kg}$ |
| Salbutamol load | 40 mcg | $\begin{aligned} & 5 \mathrm{mcg} / \mathrm{kg} \\ & \text { over } 10 \text { minutes } \end{aligned}$ | Suxamethonium |  | 12 mg | $1.5 \mathrm{mg} / \mathrm{kg}$ |
| Hydrocortisone | 32 mg | 4mg/kg |  |  |  |  |
| Aminophylline load | 40 mg | $5 \mathrm{mg} / \mathrm{kg}$ <br> over 20 minutes | Anaphylaxis |  |  |  |
| Adrenaline 1:1,000 nebulised 3.2 ml |  | 0.4ml/kg 1:1,000 make to 5 ml with NaCl | Adrenaline 1:1,000 IM |  | 0.15 ml | Dose banding |
| Dexamethasone | 1.2 mg | $0.15 \mathrm{mg} / \mathrm{kg}$ | Chlorphenamine |  | 2.5 mg | Dose Banding |

Compatible with Adobe Acrobat Reader \& Internet Explorer
Created by T Bennett in conjunction with M Griksaitis, J Pappachan, C Cole \& SORT
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| Peripheral Adrenaline $\quad 0.24 \mathrm{mg}$ in 50 ml of $0.9 \% \mathrm{NaCl}$ or $5 \%$ Glucose |  |
| :---: | :---: |
| $10 \mathrm{ml} / \mathrm{hr}=$ | $0.1 \mathrm{mcg} / \mathrm{kg} / \mathrm{min} \quad(5-50 \mathrm{ml} / \mathrm{hr}=0.05-0.5 \mathrm{mcg} / \mathrm{kg} / \mathrm{min})$ |
| Central Adrenaline | 2.4 mg in 50 ml of $0.9 \% \mathrm{NaCl}$ or 5\% Glucose |
| $1 \mathrm{ml} / \mathrm{hr}=$ | $0.1 \mathrm{mcg} / \mathrm{kg} / \mathrm{min} \quad(0.5-5 \mathrm{ml} / \mathrm{hr}=0.05-0.5 \mathrm{mcg} / \mathrm{kg} / \mathrm{min})$ |
| Peripheral Amiodarone 75 mg in 50ml of 5\% Glucose |  |
| 1.6 ml/hr = | $5 \mathrm{mcg} / \mathrm{kg} / \mathrm{min} \quad(1.6-6.4 \mathrm{ml} / \mathrm{hr}=5-20 \mathrm{mcg} / \mathrm{kg} / \mathrm{min})$ |
| Central Amiodarone | 150 mg in 50 ml of 5\% Glucose |
| $0.8 \mathrm{ml} / \mathrm{hr}=$ | $5 \mathrm{mcg} / \mathrm{kg} / \mathrm{min} \quad(0.8-3.2 \mathrm{ml} / \mathrm{hr}=5-20 \mathrm{mcg} / \mathrm{kg} / \mathrm{min})$ |
| Aminophylline $8 \mathrm{ml} / \mathrm{hr}=$ | 250 mg in 250 ml of $0.9 \% \mathrm{NaCl}$ or $5 \%$ Glucose <br> $1 \mathrm{mg} / \mathrm{kg} / \mathrm{hr}$ <br> $(4-8 \mathrm{ml} / \mathrm{hr}=0.5-1 \mathrm{mg} / \mathrm{kg} / \mathrm{hr})$ |
| Dinoprostone (Prostin E2) 0 mcg in 50 ml of $5 \%$ or $10 \%$ Glucose |  |
| $0 \mathrm{ml} / \mathrm{hr}=$ | $0 \mathrm{ng} / \mathrm{kg} / \mathrm{min} \quad$ Only used in neonates $=5-50 \mathrm{ng} / \mathrm{kg} / \mathrm{min}$ ) |
| Peripheral Dopamine | 12 mg in 50 ml of $0.9 \% \mathrm{NaCl}$ or $5 \%$ Glucose |
| $20 \mathrm{ml} / \mathrm{hr}=$ | $10 \mathrm{mcg} / \mathrm{kg} / \mathrm{min} \quad(4-20 \mathrm{ml} / \mathrm{hr}=2-10 \mathrm{mcg} / \mathrm{kg} / \mathrm{min})$ |
| Central Dopamine | 120 mg in 50 ml of 0.9\% NaCl or $5 \%$ Glucose |
| $2 \mathrm{ml} / \mathrm{hr}=$ | $10 \mathrm{mcg} / \mathrm{kg} / \mathrm{min} \quad(0.4-2 \mathrm{ml} / \mathrm{hr}=2-10 \mathrm{mcg} / \mathrm{kg} / \mathrm{min})$ |
| Isoprenaline | 2 mg in 50 ml of 0.9\% NaCl or 5\% Glucose |
| $1.2 \mathrm{ml} / \mathrm{hr}=$ | $0.1 \mathrm{mcg} / \mathrm{kg} / \mathrm{min} \quad(0.2-12 \mathrm{ml} / \mathrm{hr}=0.02-1 \mathrm{mcg} / \mathrm{kg} / \mathrm{min})$ |
| Midazolam 8 mg in 50 ml of $0.9 \% \mathrm{NaCl}$ or $5 \%$ Glucose |  |
| $1 \mathrm{ml} / \mathrm{hr}=$ | $20 \mathrm{mcg} / \mathrm{kg} / \mathrm{hr} \quad(0.5-5 \mathrm{ml} / \mathrm{hr}=10-100 \mathrm{mcg} / \mathrm{kg} / \mathrm{hr})$ |
| Milrinone $\quad 10 \mathrm{mg}$ in 50ml of $0.9 \% \mathrm{NaCl}$ or $5 \%$ Glucose |  |
| $1.2 \mathrm{ml} / \mathrm{hr}=$ | $0.5 \mathrm{mcg} / \mathrm{kg} / \mathrm{min} \quad(0.9-1.8 \mathrm{ml} / \mathrm{hr}=0.375-0.75 \mathrm{mcg} / \mathrm{kg} / \mathrm{min})$ |
| Morphine $\quad 8 \mathrm{mg}$ in 50 ml of 0.9 |  |
| $1 \mathrm{ml} / \mathrm{hr}=$ | $20 \mathrm{mcg} / \mathrm{kg} / \mathrm{hr} \quad(0.5-2.5 \mathrm{ml} / \mathrm{hr}=10-50 \mathrm{mcg} / \mathrm{kg} / \mathrm{hr})$ |
| Noradrenaline $\quad 2.4 \mathrm{mg}$ in 50 ml of $0.9 \% \mathrm{NaCl}$ or $5 \%$ Glucose |  |
| $1 \mathrm{ml} / \mathrm{hr}=$ | $0.1 \mathrm{mcg} / \mathrm{kg} / \mathrm{min} \quad(0.5-5 \mathrm{ml} / \mathrm{hr}=0.05-0.5 \mathrm{mcg} / \mathrm{kg} / \mathrm{min})$ |
| Phenylephrine $\quad 10 \mathrm{mg}$ in 100 ml of $0.9 \% \mathrm{NaCl}$ or $5 \%$ Glucose |  |
| $0.5 \mathrm{ml} / \mathrm{hr}=$ | $0.1 \mathrm{mcg} / \mathrm{kg} / \mathrm{min} \quad(0.5-2.5 \mathrm{ml} / \mathrm{hr}=0.1-0.5 \mathrm{mcg} / \mathrm{kg} / \mathrm{min})$ |
| Propofol 1\% (neat) $\quad 200 \mathrm{mg}$ in 20 ml neat solution (for short term use) |  |
| $1 \mathrm{ml} / \mathrm{hr}=$ | $1.25 \mathrm{mg} / \mathrm{kg} / \mathrm{hr} \quad(0.8-3.2 \mathrm{ml} / \mathrm{hr}=1-4 \mathrm{mg} / \mathrm{kg} / \mathrm{hr})$ |
| Salbutamol 10 mg in 50 ml of $0.9 \% \mathrm{NaCl}$ or $5 \%$ Glucose |  |
| $2.4 \mathrm{ml} / \mathrm{hr}=$ | $1 \mathrm{mcg} / \mathrm{kg} / \mathrm{min} \quad(1.2-4.8 \mathrm{ml} / \mathrm{hr}=0.5-2 \mathrm{mcg} / \mathrm{kg} / \mathrm{min})$ |

Vasopressin (Argipressin) 8 units in 50 ml of $0.9 \% \mathrm{NaCl}$ or $5 \%$ Glucose
$1 \mathrm{ml} / \mathrm{hr}=$
0.02 units/kg/hr
$(0.5-6 \mathrm{ml} / \mathrm{hr}=0.01-0.12 \mathrm{unis} / \mathrm{kg} / \mathrm{hr}$ )

