

Securing Oral and Nasal Endotracheal Tubes



Prepare equipment and make 3 x trouser leg tapes.

Clean, dry and protect skin.



Place the V at the corner of the mouth or nostril nearest the ET tube.

The upper part is then fixed straight along the top lip for an oral tube OR the bridge of the nose for a nasal tube.

Tape the cuff up alongside the ET tube.



The lower part of the tape is then turned back to wind around the ET tube and cuff, ensuring an appropriate angle to protect the skin from pressure.

Then wind tape around the same part of the tube twice, before spiraling upwards.



After the first tape is complete it should look like this.



Using the second tape, secure the V at the opposite corner of the mouth or nostril.

The lower part of the tape is then fixed straight along the lower lip for an oral ET tube or below the nose for a nasal ET tube.



The upper part of the tape is then initially secured across the upper lip for an oral ET tube or the bridge of the nose for a nasal ETT.



At this point the tape is wrapped around the base of the tube twice before spiraling upwards.



After the second tape is complete it should look like this.



The third tape is then secured placing the V at the same side of the ET tube.

Both sections are fixed straight across to reinforce the the most vulnerable areas of the taping.



After the third tape is complete it should look like this.