Intraosseous needle (IO) observation chart

Patient Label

Time/Date					
Sites inserted		Sites attempted			
R Tibial		R Tibial			
L Tibial		L Tibial			
Other		Other			

Guidance

There should only be one attempt at insertion in each bone

The IO needle should be secured without bandaging the limb so that the limb can be seen and monitored

One nurse must be solely responsible for monitoring the IO needle at all times

Observation Chart – to be completed every 15 minutes

Time				
Capillary refill time in distal limb (secs)				
Colour of limb *				
Visible swelling of limb Y/N **				
Limb feels firm Y/N **				

*
Colour of limb
Pink = 1
Pale = 2
Blue/White = 3

Always compare with other limb



Suspect extravasation if CRT > 4secs / colour is 2 or 3 / limb swelling / limb firmness

Actions if suspected inflitration

Stop infusions immediately Remove IO needle

Call senior orthopaedic doctor to consider immediate fasciotomy

Orthopaediac registrar at Southampton or Oxford available for advice if none available locally

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